



American
Heart
Association.

LAWYERS HAVE HEART

Leadership Announced for the 29th Annual Lawyers Have Heart 10K Run & 5K Run & Fun Walk

***Event goal set to raise over \$1M in support of the American Heart Association's
Mission***

(Washington, DC, September 20, 2018) -- The American Heart Association, the world's leading voluntary health organization devoted to fighting cardiovascular disease, is excited to announce the Executive Leadership Team Co-Chairs for the 29th Annual 2019 Lawyers Have Heart 10K Run and 5K Run & Fun Walk; Affie Ambrose, General Counsel, Acumen Solutions, Inc. and Lori Sher, General Counsel, E*TRADE Financial Corporation.

Lawyers Have Heart brings runners and walkers -- of all ages, levels of experience -- to raise awareness of heart disease and stroke. In 2018, the event raised more than \$1 million, and we hope to exceed that goal in 2019. Since its creation, Lawyers Have Heart has raised over \$13 million to benefit the American Heart Association to further its mission of being a relentless force for a world of longer, healthier lives.

While largely supported by the D.C. legal and corporate community, Lawyers Have Heart 10K Run & 5K Run & Fun Walk is open to the entire Washington DC community, and all are welcome to participate and support the cause.

"I am honored to serve as the 2019 Lawyers Have Heart Chair! This year, we hope to add another \$1M to the event's overall impact. To achieve our goal, we need more law firms, corporations and the general Washington, D.C. public to join our fight for healthier lives in our community. We hope you will join us and strengthen our fight against heart disease and stroke," said Ambrose.

"Lawyers have Heart is the premier athletic philanthropic event, specifically led by the greater Washington, D.C. legal community, that enables employees and friends to give back to the community, while improving their personal health and building positive relationships. I am honored to serve in a leadership position in 2019 and hope to see more sponsor and teams join us on the start line! Together we can save more lives, "said Sher.

Lawyers Have Heart takes place on June 8, 2019, at the Washington Harbour in Georgetown. For more information on the event, visit: www.lawyershaveheartdc.org.



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About the American Heart Association

The American Heart Association is devoted to saving people from heart disease and stroke – the two leading causes of death in the world. We team with millions of volunteers to fund innovative research, fight for stronger public health policies and provide lifesaving tools and information to prevent and treat these diseases. The Dallas-based association is the nation's oldest and largest voluntary organization dedicated to fighting heart disease and stroke. To learn more or to get involved, call 1-800-AHA-USA1, visit heart.org or call any of our offices around the country. Follow us on [Facebook](#) and [Twitter](#).

About the American Stroke Association

The American Stroke Association is devoted to saving people from stroke — the No. 2 cause of death in the world and a leading cause of serious disability. We team with millions of volunteers to fund innovative research, fight for stronger public health policies and provide lifesaving tools and information to prevent and treat stroke. The Dallas-based association officially launched in 1998 as a division of the American Heart Association. To learn more or to get involved, call 1-888-4STROKE or visit StrokeAssociation.org. Follow us on [Facebook](#) and [Twitter](#).

The American Heart Association/American Stroke Association receives funding mostly from individuals. Foundations and corporations donate as well, and fund specific programs and events. Strict policies are enforced to prevent these relationships from influencing the Association's science content. Financial information for the American Heart Association, including a list of contributions from pharmaceutical companies and device manufacturers, is available at <http://www.heart.org/corporatefunding>.

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www.LawyersHaveHeartDC.org, heart.org and strokeassociation.org