



FOR IMMEDIATE RELEASE

Elite and Club Runners to Race for \$20,000 in Prize Money at the 29<sup>th</sup> Annual Lawyers Have Heart Race

*Runners to participate in annual philanthropic race in support of the American Heart Association's Mission*

For the second year in a row, elite and club runners will race for \$20,000 in prize money at the 29<sup>th</sup> annual Lawyers Have Heart Race. Lawyers Have Heart is a premier athletic philanthropic event led by the greater DC legal community and benefitting the American Heart Association. It is one of DC's largest 10K races and historically brings more than 6,500 runners and walkers.

The Lawyers Have Heart race will take place on June 8, 2019 race at 7:15 a.m. at the Washington Harbour in Georgetown. The 10K race is USATF certified, and Pacers serves as the official race timer. The event also features a 5K race and a walk for participants of all fitness levels.

The 2018 Lawyers Have Heart race featured an elite division with an international field made up of more than 85 men and women. Andrew Colley hailing from Blowing Rock, North Carolina came out on top at the American Heart Association's Lawyers Have Heart 10K with a time of 28:44. Other Incredible talent from the United States, along with athletes from Chad, Ethiopia and Kenya, took to the course to win a share of the \$20,000 in prize money. The flat course, good weather conditions and festive atmosphere allowed for record-breaking race times.

"The Lawyers Have Heart race has earned a top place within the running community and has served the DC region through the participation of thousands of runners. We are excited to attract and reward running talent at this race." said George Banker, American Heart Association elite athlete coordinator.

Since its creation, Lawyers Have Heart has raised more than \$13 million to benefit the American Heart Association's mission to be a relentless force for a world of longer, healthier lives.

To be eligible for the 2019 elite prize money, runners must register no later than May 17, 2019. The elite field will run in advance of the general 10K/5K. To express interest, send your running resume to Stephanie Maher ([Stephanie.Maher@heart.org](mailto:Stephanie.Maher@heart.org)) and George Banker ([monkbank@comcast.net](mailto:monkbank@comcast.net)).

For more information on the event, visit [www.lawyershaveheartdc.org](http://www.lawyershaveheartdc.org) or contact [Stephanie.Maher@heart.org](mailto:Stephanie.Maher@heart.org).

About the AHA: The American Heart Association is a leading force for a world of longer, healthier lives. With nearly a century of lifesaving work, the Dallas-based association is dedicated to ensuring equitable health for all. We are a trustworthy source empowering people to improve their heart health, brain health and well-being. We collaborate with numerous organizations and millions of volunteers to fund innovative research, advocate for stronger public health policies, and share lifesaving resources and information. Connect with us on [heart.org](http://heart.org), [Facebook](#), [Twitter](#) or by calling 1-800-AHA-USA1.

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